



fashion&beauty



Your new beauty heroes

Gentle-but-effective products for happy hair and pregnancy-friendly fragrances

YOUR HAIR BEST HAIR HELPERS

WHAT'S HAPPENING? Your body is prioritising nutrients for vital organs and your baby – your hair is last on the list.
SORT IT If your hair type or texture has changed, so should the products you use.

John Frieda
 Luxurious Volume Thickening Blow Dry Lotion (£5.37/125ml). No-mess fuller hair.

Philip Kingsley
 No Scent No Colour Shampoo (£13/250ml). For sensitive scalps.

Frederick Fekkai
 Protein Rx Anti-Breakage Treatment Mask (£23.50/155g). A protein boost for healthy hair.

Paul Mitchell
 Clarifying Shampoo Two (£7.25/300ml). For a deep clean.

Charles Worthington
 Balancing Act Dry Shampoo (£4.99/150ml). Helps hair last one more day between washes.

Lee Stafford
 Climate Control Protection Spray (£5.37/150ml). Light hairspray for any weather.

YOUR FRAGRANCE BEST SENSITIVE SCENTS

WHAT'S HAPPENING? Even your sense of smell alters in pregnancy, so your usual perfume might not smell right any more.
SORT IT Try an organic perfume. Still too strong? Spray on hands and run through your hair.

Tisserand
 Wild Rose Perfume (£8.50/10ml). A delicate oil in a handy rollerball vial.

Tisserand
 Wild Rose 100% Natural Perfume. Soft warm sensual.

Miller Harris
 Coeur d'été (£70/100ml). A gentle scent created by perfumer Lyn Harris when she was pregnant.

Florame
 Eau de Nérol Orange Blossom Organic Perfume (£14.99/100ml). Enhances your natural scent.

Jo Wood Organics
 Amika eau de toilette (£35.25/50ml). Long-lasting, exotic scent.

Lush
 Vanillary Solid Perfume (£6/10g). Much more portable than a glass bottle.

Florascent
 Aqua Aromatica The Vert eau de toilette (£60/60ml). A refreshing fragrance for sensitive skin.

Find some amazing treats for your pregnant body at askamum.co.uk/Pregnancy/Search-Results/Looking-good/Top-beauty-products-for-pregnant-women/

PHOTO: LOUISE CANNELL; HAIR: GUY ARAUJO; MAKEUP: PATRICIA GONCALVES; STYLING: JESSIE WOODS; PROP STYLING: JESSIE WOODS