

001 TIPS TRICKS  CLEVER IDEAS

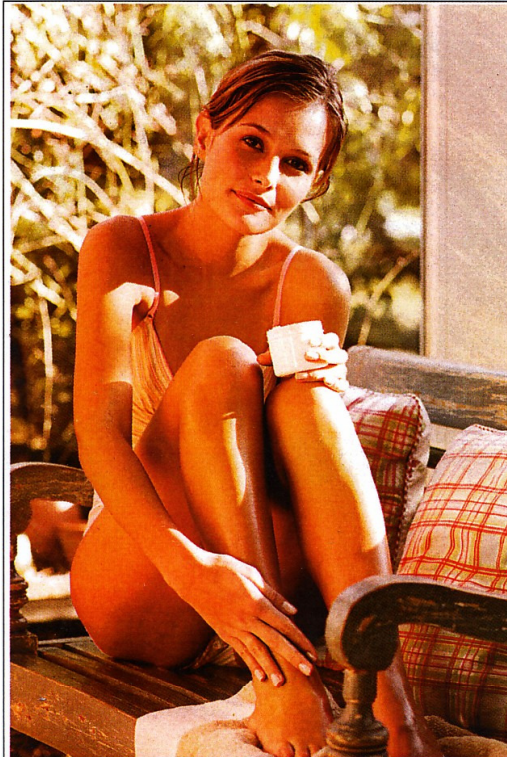
MAY 2009

prima

30%
MORE PAGES
Only
£2.70

WIN WITH
primaextra

- HOLIDAY WITH THE FAMILY FOR FREE
- TOP TREATS WORTH £9145 TO GIVE AWAY
- PUZZLES FOR PRIZES



Beauty notes



TIPS & TRICKS FROM
Prima's beauty
editor, Trish Leslie



Be a natural beauty

■ **IF YOU'RE WORRIED ABOUT CHEMICAL OVERLOAD** and your carbon footprint, natural British beauty brands could be the solution. Check out Organic Surge (from selected Superdrug, John Lewis and Waitrose), right. There's a whole host of products to choose from, but I particularly love the Fresh Ocean Body Lotion, £5.99 for 250ml. Made with 91 per cent naturally derived ingredients and with organic pure essential oils, it's easily absorbed and leaves skin enveloped in the freshest fragrance. I'm loving the new Tisserand Wild Rose & Lemon Leaf range, above, too. The Hand Cream (£5.95 for 75ml) leaves mitts incredibly soft and it smells so fantastic, I can hardly stop myself reapplying it throughout the day.



O I've heard there's a way to transplant hairs from elsewhere on your body to your eyebrows. Could you tell me more about it?

A There is indeed a brow-area transplant procedure available. It costs around £2000 and is very painful! For more information, contact the British Association of Cosmetic Doctors on 0800 328 3613.

Tip
'Don't buy pricey nail hardeners - soaking your nails in warm olive oil for around 20 minutes does the job.'

L Smith, Water Rossendale, Lancashire
WE PAY £25 FOR A READER'S TIP

Our top 3 SHINE SPRAYS



ANDREW COLLINGE SIMPLY NO FRIZZ GLOSSING SPRAY, £4.20 FOR 50ML (available nationwide)
■ Adds definition and texture and tames frizz. It's ideal for separating curls or smoothing flyaway straighter hair.



LEE STAFFORD SHINE HEAD SPRAY SHINE, £4.49 FOR 200ML (from Boots)
■ Spray all over your hair after styling for ultimate glass-like shine.



SCHWARTZKOPF GLISS SHINE TONIC, £1.99 FOR 100ML (0800 328 9214)
■ Spritz this protective glosser onto styled hair, or use sparingly on towel-dried locks as a leave-in conditioner.

FREE FOR YOU

■ MD Formulations My Personal Peel System is a unique at-home treatment which promotes skin renewal and boosts firmness, radiance and clarity. The System includes Power Peel Pads, Firming Anti-Wrinkle Booster, Extra Clear Booster, Brightening Booster and Post-Peel Restorer. We have ten, worth £49.95 each, to give away. For a chance to win, write to Prima/MD Offer, CPPRA06513, The National Magazine Company Ltd, The Data Solutions Centre, Worksop S80 2RT by 31 May 2009. Visit www.bare.escentuals.co.uk or call 0870 850 6655.



*Depending on the product details you give us. The National Magazine Company Ltd, directly or via its agents, may mail, email, SMS or call you with offers, products and services reflecting your preferences. If you do not want offers from us or third parties, write to us in the top left hand part of your postcard. For our data policy, visit www.nmcgroup.co.uk/its. See Terms in Prima Extra for competition terms and conditions.

>> For more beauty news, visit www.allaboutyou.com/hair-beauty

www.allaboutyou.com/prima 49