



A VERY CLEAN GETAWAY
 EVERYTHING YOU NEED TO LOOK FRESH AND FABULOUS ON HOLIDAY

THE SKIN SOOTHER

1 SOOTHING ORGANIC ALOE & LAVENDER GEL, £15.61, BY **THE ORGANIC PHARMACY** (THEORGANICPHARMACY.COM). A must for all holidaymakers, this gel relieves sunburn and heat rash and is 100 per cent natural

THE HAIR DUO

2 BAIN DE FORCE FORTIFYING SHAMPOO AND AGE RECHARGE MASQUE, £15, BY **KERASTASE** (0800 316 4400). Sun, seawater and chlorine can leave hair dry and damaged. This duo is great for giving back some bounce - and, at 100ml, each is the ideal size

THE INSTANT LIFT

3 TRAVEL EASE ESSENTIAL OIL ROLL-ON REMEDY, £4.50, BY **TISSERAND** (01273 325666). Apply to pulse points and temples when the stress of air travel gets too much. Great for relieving tension headaches

THE FACE SAVER

4 PRECISION UV ESSENTIEL SPF 50, £33, BY **CHANEL** (020 7493 3836). If you take only one sunscreen away with you, make it this one. As well as offering high protection, it is intensely moisturising - and non-greasy, so it won't cause spots

THE BITE DUSTER

5 BITE & STING RELIEF, £3.60, BY **BOOTS ALTERNATIVES** (BOOTS.COM). Slim enough to fit into the dinkiest clutch bag, this pen will soothe bites as soon as the mosquitoes strike

THE FRESHENERS

6 WIPES, 99p PER PACK, BY **HALO**, FROM TESCO (0800 505555). Ideal for freshening up the face and body after a long flight, ensuring that you arrive at your destination looking your best

THE SHOWER KIT

7 TROPICAL TRAVELLER SET, £39, BY **MOLTON BROWN** (MOLTONBROWN.CO.UK). From shower gel to body balm and exfoliators - this set has everything you could want to stay looking beach-ready. The smell alone will get you in the holiday mood

Sunglasses by Prada. Hannah Rouch. demispedersen.com